

JAMES TOMLINSON

Medium: Oil/Acrylics/Pastels on Board and Canvas

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Made in Clarkdale 2010

NOTE: James would consent to being interviewed and for the use of his images.

I like to paint impressions of the yoga postures (asanas). My goal is to capture some of the energy involved in the flow of yoga and translate that flow into paint strokes. I attempt to hold onto a moment that might otherwise be forgotten.

I also teach Yoga at Yavapai College in Sedona. I operate Shambhala Yoga & Hiking, guiding participants on unique hikes into the red rocks, punctuated by Yoga sessions at sacred places and I love to play the drums.



"Both Sides Now" by James Tomlinson; Oils, Acrylics, Pastels on Board & Canvas



"Reflections", by James Tomlinson, Oils, Acrylics, Pastels on Board & Canvas